Psychological Preparedness of Grade 11 Students towards Success in Senior High School

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Abstract
To be at par with other countries’ educational system, the K to 12 launched in 2012 was fully implemented nationwide in 2016. Doubtful concerning the Senior High psychological preparedness, researchers surveyed 121 Grade 11 students aged 15-20 from two private and one public schools in Quezon City where 80 (66%) are females and 41 (34%) are males representing STEM (26%), ABM (25%), TVL (23%), HUMSS (15%), SMAW (6. %), BP (3%) and GA (2%) tracks. Four dimensions: adaptability, self-efficacy, motivation, and goal-orientation were examined using 20-item four-point Likert scale at Cronbach’s alpha 0.82. Findings revealed that students possess moderate level of motivation (mean 3.37 and SD of 0.69), adaptability (mean 3.36 and SD 0.63), goal orientation (mean 3.22 and SD 0.63) and self-efficacy (mean 3.00 and SD0.71) with overall mean 3.26 and SD 0.67. Similar results were obtained when respondents were disaggregated by track, gender and school type however, those under TVL, male and enrolled in public were found to have the lowest self-efficacy relative to their counterpart. To raise the level of self-efficacy, responsiveness to the students’ needs were recommended. Further studies should see whether significant differences between groupings under track, gender, and type exist.

Keywords: K-12, Philippines education, psychological traits