

Determinants of Satisfaction with Life among Mathematics Teachers

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Abstract

Happiness and satisfaction with life are vital to the total well-being of an individual. In the teaching profession, the attitude as well as the emotional state of the teachers affects their teaching performance and their relationship with the learners. In this sense, the researchers conducted this study in the aim of determining the factors and the level of satisfaction with life of the mathematics teachers currently enrolled in the Graduate Studies. The factors that were included in the study are personal profile in terms of age, gender, position, length of service, salary, and teaching load while school profile included class type, type of school, school population, book ratio and school facilities. Forty randomly selected mathematics teachers were the respondents of the study. The data gathering tool used was composed of four parts: the survey form for personal and school profile, and the Satisfaction with Life Scale. The data gathered were treated using mean, frequency – percentage, correlation and stepwise regression. The results show that age, type of school and school population are determinants of satisfaction with life.

Keywords: *satisfaction with life scale, determinants, mathematics teachers, graduate students, stepwise regression*