

Adjustment of First and Second Year Nursing Students, Mission Faculty of Nursing, Asia-Pacific International University

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Abstract

On average, nursing students resigned 6.9% in the past 5 years. No study conducted in non-profit, religious based university. This research aimed to study the adjustment level of nursing students and their adjustment differentiated by age and CGPA. Havighurst Theory as fundamental of adjustment was discussed. One hundred sixty-one purposive samples were selected. The instrument was adopted with acceptable validity and reliability. One sample t-test was performed and result showed mean total adjustment score (3.89 ± 0.41) which is higher than set norm adjustment score, a statistically significant difference of 0.89 (95% CI, 0.83-0.96), $t(160) = 27.74$, $p = .000$. Independent t-test was done and result revealed no significant difference in the adjustment score for 18-20 years old ($M=3.89$, $SD=.42$) and 21-23 years old ($M=3.93$, $SD=.40$); $t(151) = -.42$, $p = 0.68$. Lastly, one-way ANOVA was executed and found no significant effect of CGPA on adjustment score at the $p < .05$ level [$F(4, 148) = 1.34$, $p = 0.26$]. Overall, students' adjustment is at high level and their age including CGPA has no effect on the adjustment. Others can learn how they adjust and other factors like income or passion in nursing should be explored.

Keywords: *adjustment, nursing students*