

Paper 77 – Education

THE HAPPINESS AND ACADEMIC PERFORMANCE AMONG GRADES 7 TO 9 STUDENTS OF PASAY CITY ACADEMY

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ABSTRACT

This study tried to determine the relationship between the level of happiness and academic performance among grades 7 to 9 students of Pasay City Academy. The descriptive and correlational methods of research were utilized in this study. The study employed the Oxford Happiness Questionnaire by Hills, P. & Argyle, M. (2002), which includes 3 domains—the frequency and intensity of positive affect, average level of satisfaction and absence of negative feelings.

The respondents are moderately happy. They are pretty happy along frequency and intensity of positive affect and average level of satisfaction. They are moderately happy in terms of the absence of negative affect. The academic performance of the students is proficient. Respondents who are not having negative feelings tend to have higher general weighted average grades.

Level of happiness did not significantly influence the respondents' level of academic performance. The influence of happiness on the academic performance of the respondents is moderated by their personal profile. The level of academic performance of the respondents is significantly influenced by gender, religion, gadgets ownership, and type of family structure.

Key Words: Happiness, Academic Performance, Personal Factors, Teacher-Related Factors

